

How to Join the 2026 Above and Beyond Caregiver Recognition Event & Download Microsoft Teams

The Above and Beyond Caregiver Recognition online event takes place on Microsoft Teams, which is similar to Zoom or Google Meetings. **To support you in attending our virtual/online event on April 7, 2026, please review the following information.**

The Community Engagement Team is here to help! If you have any questions or would like support, please call 1-855-276-3096 (leave a voice message) or email engagement@ontariohealthathome.ca.

Online Event Details

Important reminder: The **Above and Beyond Caregiver Recognition Event will be live and recorded.** This means that some of the features that you may be used to may not be available.

To help you prepare, please note the following:

- You **will not be able to turn on your microphone or camera during the event.** This means participants will not be able to see or hear one another.
- Following the main event, there will be an engagement session where **we will invite caregivers and participants to answer questions using the “chat box”.** Instructions will be shared during the event.
- At any time during the event, you can send a message to the event team. There will not be an opportunity for attendees to chat with one another until the engagement session.

Join the Event

To join, click on the “**Join the Event**” link included in your email invitation.

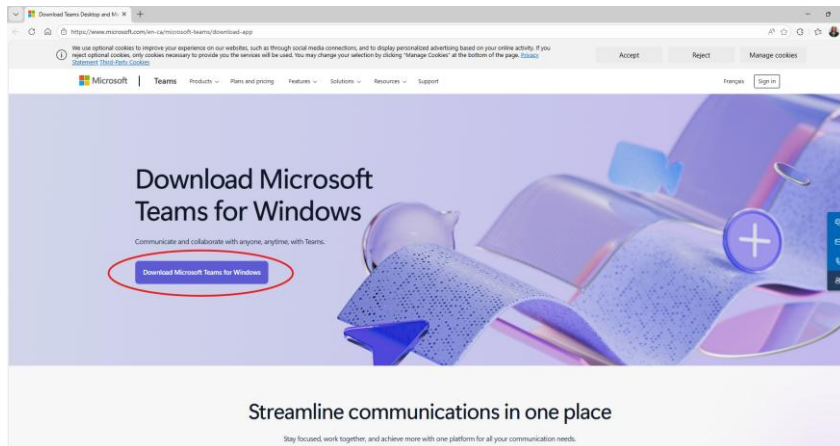
Before you join an event, consider [downloading Microsoft Teams](#) on your device using the following instructions.

How to Download Microsoft Teams

Note - While it is not necessary to download to your computer, doing so can make joining the event easier.

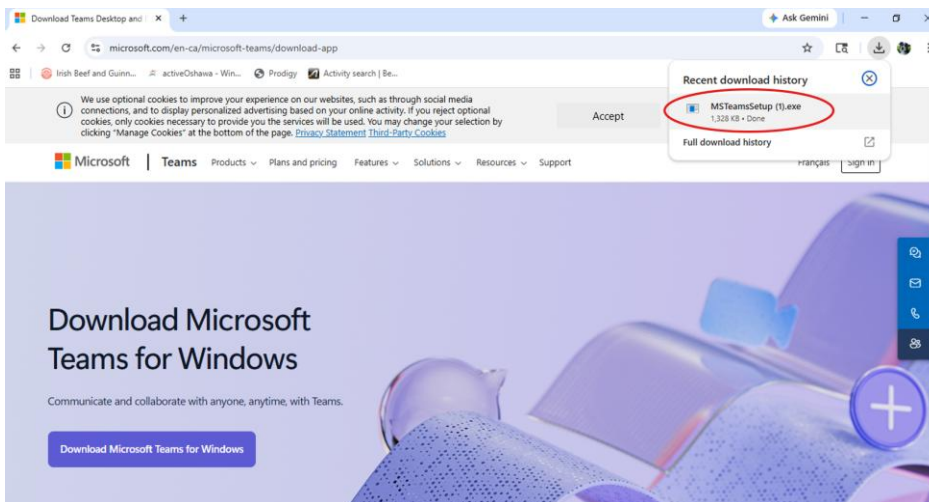
Step 1: Open your computer's web browser (such as Google Chrome, Safari, or Firefox) and type in the link, or click <https://www.microsoft.com/en-ca/microsoft-teams/download-app> to take you to the Microsoft website.

Step 2: Once you're on the Microsoft Teams website, **click on the "Download Teams" button.**



Step 3: After selecting your computer type, a file will begin downloading. Wait for the file to finish downloading before proceeding to the next step.

Step 4: When the file has finished downloading, **click on the file in your computer's Downloads folder or pop-up on your screen.** This will start the installation process (see next image).

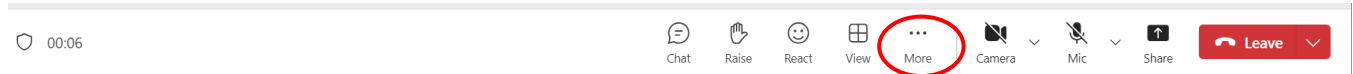


Step 6: Follow the instructions to install Microsoft Teams on your computer. This process may take a few minutes.

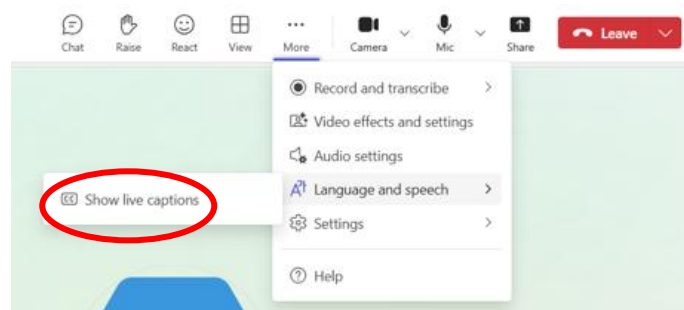
How to Turn on “live captions” on Microsoft Teams

If needed, you can turn on closed captioning to support you during the event by following the steps below.

Step 1: At the top of the Microsoft Teams event screen, **click on “more”**.



Step 2: You will see a dropdown menu with the options below - **click “language and speech”**.



Step 3: Follow the “language and speech tab” and click **“show live captions”**.

Step 4: It may prompt you to select the language – we recommend you choose “English”. **The captions box will appear at the bottom of your event screen.**

- **Please note** – while only the English option has been confirmed, you may be able to select your preferred language.