

# Community Nursing Clinics

Ontario Health atHome operates over 135 community nursing clinics to provide free, high-quality, specialized nursing care.

All of our clinics are by appointment only, in accessible locations, and many have extended operating hours.

Community nursing clinics provide publicly-funded, patient-centred, high-quality, specialized nursing care.

Clinic nurses will jointly design a care plan and schedule based on your needs and health goals. They provide specialized services – including wound care, intravenous therapy, catheter, diabetes, ostomy care – and health teaching to meet your needs. Patients currently receiving care at home may be transitioned to a community nursing clinic.



## Patient Benefits:

1. **Safe** – Our clinics adhere to strict infection prevention and controls.
2. **Expert** – Our clinic nurses have specialized training in clinical care.
3. **Accessible** – With over 135 clinics in highly accessible locations, often close to public transit and accessible parking, you can choose the clinic location closest to your home or workplace.
4. **Fast** – Same day appointments are available, when urgently needed.
5. **Seamless** – With your consent, clinic nurses and care coordinators can update your doctor/primary care provider.
6. **Wellness** – Clinic nurses provide care, education and self-management coaching to support your road to wellness, recovery and independence.
7. **Efficient** – Our clinics optimize valuable nursing resources, and access to supplies allowing us to take care of more patients with efficient use of health care resources.

## Clinic Appointments:

- Only Ontario Health atHome patients can receive services at these specialized clinics.
- Our community nursing clinics are by appointment only. Please ensure you arrive on time.
- Come prepared. Please bring your current medication list, and any supplies and equipment that you use at home to each appointment.
- Services are covered by OHIP. Patients must bring identification and OHIP card to every appointment.
- It is important to attend all scheduled appointments to meet your care needs.
- If you need to change or cancel an appointment, please provide as much notice as possible (24-hours notice recommended).
- Our team can help connect patients with transportation services, when needed.

**To learn more about our services,** call: **1-833-515-1234**. If you are already an Ontario Health atHome patient, please speak with your Care Coordinator.

## Community Nursing Clinics Locations in the Waterloo Wellington area

### Cambridge (ParaMed)

715 Coronation Blvd, Unit 2  
Cambridge ON N1R 7R1  
519-621-5252

### Kitchener (ParaMed)

421 Greenbrook Dr., Unit 7/8  
Kitchener, ON N2M 4L8  
Intake: 519-342-1920  
After Hours: 519-743-0231

### Fergus (St. Elizabeth Health Care)

181 Saint Andrew Street East, Unit #10  
Fergus, ON N1M 1P9  
519-220-1640

### Guelph (ParaMed)

806 Gordon St., Unit 201  
Guelph ON N1G 1Y7  
519-821-1188

### Waterloo (Care Partners)

140 Columbia Street West, Unit 300  
Waterloo, ON N2L 3K8  
519-746-7600

### Palmerston (St. Elizabeth Health Care)

Minto Rural Health Centre  
450 Whites Road, Suite 700  
Palmerston, ON NOG 2P0  
519-220-1640 • 1-877-220-1640

**More locations available** – we operate over **135 community nursing clinics** throughout Ontario.

**“With this approach to care, I felt less like a ‘patient.’ I got out of my house every day and got stronger because I was more active as I healed.”**

— Lori R., Ontario Health atHome clinic patient

